

ABSTRACT OF THE DISCLOSURE

A video conference and video telephone system in which audio is made stereo and which includes transmission and reception apparatuses is achieved.

5 The transmission apparatus has a transmission unit for transmitting data obtained by addition of two audio signals of L and R channels as monaural audio through a first communication channel and data obtained by subtraction of the two audio signals as nonstandard audio. The reception apparatus has a reception unit for receiving the data obtained by the addition of the two audio signals as the monaural audio data and the data obtained by the subtraction of the two audio signals as the nonstandard audio, and a restoring unit for restoring the audio signal by performing an arithmetic operation on the basis of the received data.